

# **School sports facilities – suitable for girls and boys**



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# Team

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# Problem

Gender patterns regarding the low participation of pupils in both curricula and extra-curricula sports activities practiced in the school sports facilities, which has negative effects on their health and physical development.



# Object of the survey

The survey was conducted with the help of the 3R method in one school in Sofia. It focused on:

- ◆ The use of school sports facilities by the pupils from different age group by gender;
- ◆ Review of the general conditions of the sports facilities as well as the activities held.

# Choice of school: 119 Secondary Comprehensive School

We chose that school because:

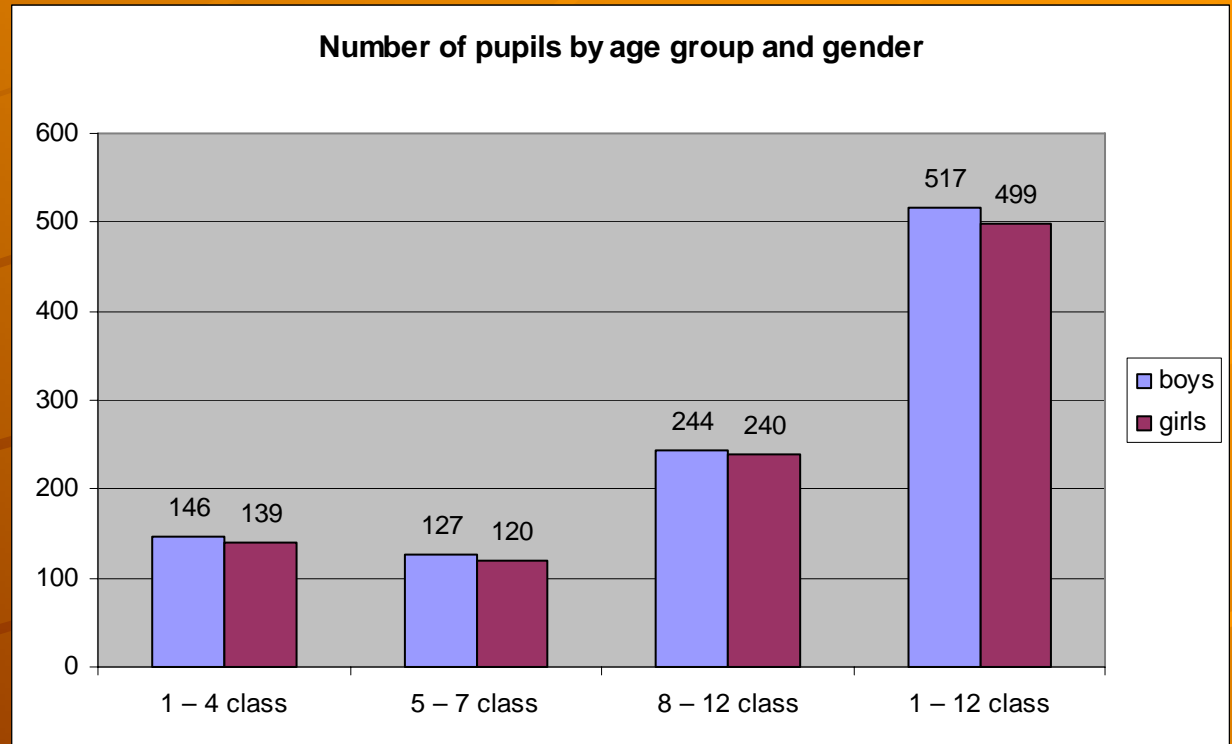
- ✦ It includes pupils from 1 to 12 class;
- ✦ It has own sports facilities, used for curricula and extra-curricular sports activities;
- ✦ Allows data comparison as boys and girls are equally represented.

# Objectives of the survey

- ◆ to determine the trends,
- ◆ to make recommendations

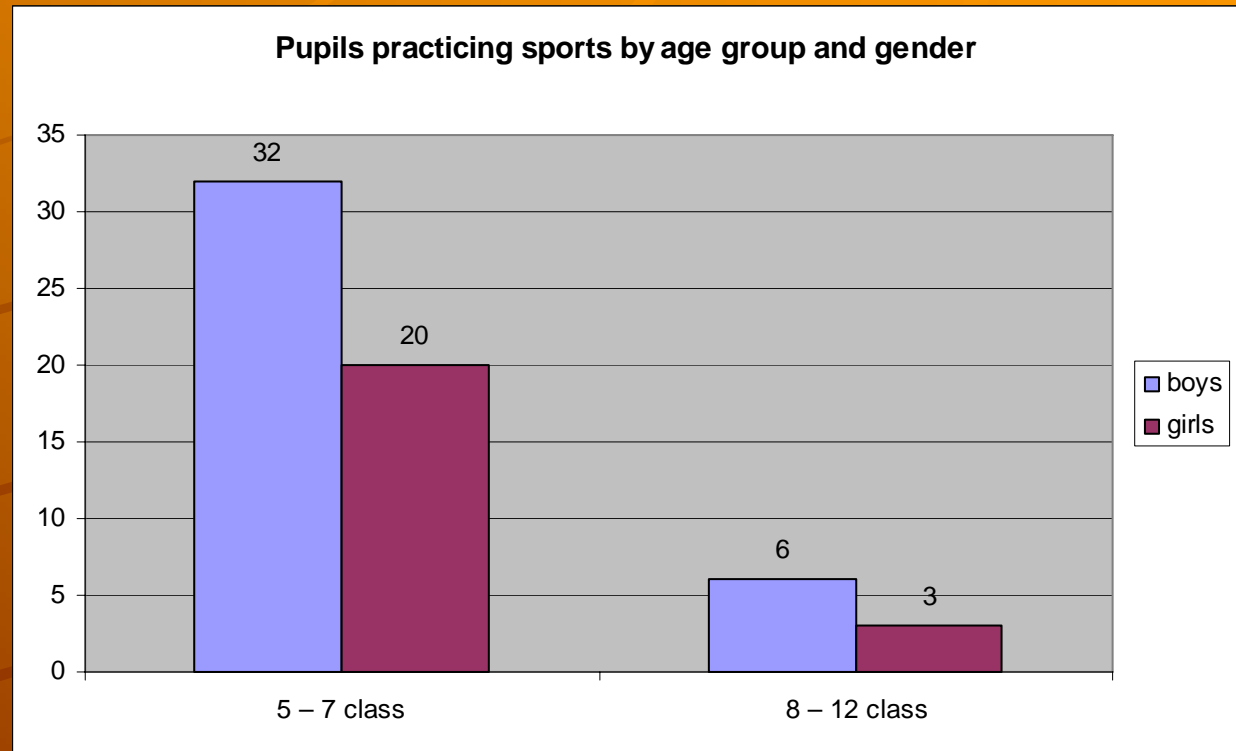


# R1 (representation) – number of pupils



✦ For all age groups the share of boys and girls is equal.

# R1 – number of pupils practicing sports



✚ Only 32 boys and 20 girls from 5-7 class and 6 boys and 3 girls from 8-12 class practice some sport.



# R2 (resources) – money

For 2007 the Sofia Municipal Council approved 3,7 million BGN for the repair and renovation of nearly 30 school gymnasiums and playgrounds.

Within this subsidy the school received 50 000 BGN for repair of the gymnasium and the changing rooms.



# R2 – place

The school sports facilities include:

- ◆ **Gymnasium** – repaired in 2007 but inadequate space for the number of pupils;

- ◆ **Playgrounds** for football basketball and volleyball – need renovation



## R2 – time

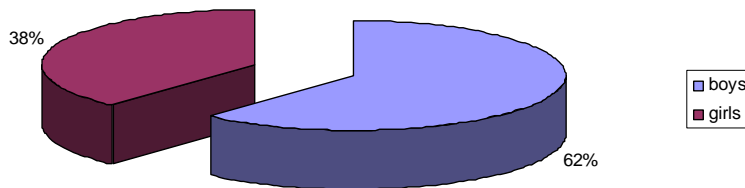
Based on the observations of the team and discussions with the teachers and the students the school sport facilities except for regular classes are used:

- ✦ **Gymnasium** – by the school sports sections and/or external clubs based on an agreement with the school ensuring the participation of the pupils;

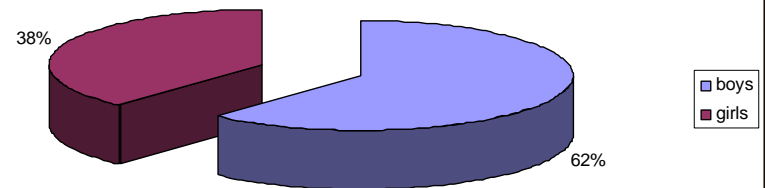
- ✦ **Playgrounds** – by the boys after classes, by men, living in the neighborhood usually at weekends.

# Situation analysis and conclusions (R3)

Pupils practicing sports, 5 – 7 class



Pupils practicing sports, 5 – 7 class



In all age groups the proportion between boys and girls practicing sports is approximately 2 to 1.

# R3 analysis

- ♦ Extremely low share of pupils practicing sports – only 8.3% of all students from 5 – 12 class.

These figures are even more alarming for the girls:

- ♦ girls practicing sports are 16,7% of all girls from 5 – 7 class, and 1.3% of all girls from 8 – 12 клас.

- ♦ for the boys these figures are respectively 25.5% and 2.5%.

# R3 analysis

◆ There is a trend of decreasing the number of pupils both in curricular and extra-curricular sport activities with the age increase, which is stronger for girls.

## Reasons:

◆ Bad condition and/or inadequate space of the indoor facilities including the changing rooms;

◆ The outdoor facilities are suitable for sports, preferred by the boys – football, basketball.

# Action Plan

## The school should

- ✦ Attract more girls in sports like football, basketball, martial arts for which there are more facilities; they also create new skills for the girls;
- ✦ Also stimulate the formation of sections for sports usually preferred by girls like badminton, volleyball, swimming, gymnastics, yoga etc.
- ✦ Conduct an enquiry for the sports preferred by boys and girls as well as the timing and the place of practicing;
- ✦ Introduce more attractive teaching strategies in physical education classes to motivate pupils.



# Action Plan

## The Municipality should

- ✦ Make a full evaluation from gender perspective of the existing sports facilities and the type and amount of financial resources necessary for the renovation of the sports facilities
- ✦ Reconstruct and renovate through the annual repair works the existing sports facilities into modern multifunctional gymnasiums and playgrounds allowing simultaneously practicing of different sports in order to answer the different interests of girls and boys



# Thank you!

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